

# THE SOULMATE SECRET QUIZ

Wisdom From Arielle Ford's *The Soulmate Secret*

Are you still looking for your soulmate? Wondering why you haven't found that special someone yet?

**TAKE THIS QUIZ TO FIND OUT  
IF YOU'RE READY TO MEET THE LOVE OF YOUR LIFE!**

**1. Do you believe the perfect partner exists for everyone?**

- a. Yes
- b. Yes, but it requires a lot of compromise
- c. Not sure.
- d. No.

**2. Do you believe you are loveable?**

- a. Yes, definitely.
- b. Most of the time I believe it.
- c. Possibly, maybe.
- d. No.

**3. If your soulmate knocked on your door right now, how prepared are you emotionally and physically?**

- a. 100%
- b. 85%
- c. 50%
- d. not at all

**4. Do you have an ex-lover that you are still pining for?**

- a. I am totally complete with my past lovers.
- b. Not really. I'm in pretty good shape.
- c. I am currently working on letting go of an ex.
- d. Yes. I'm obsessed.

**5. I have not yet met my soulmate because:**

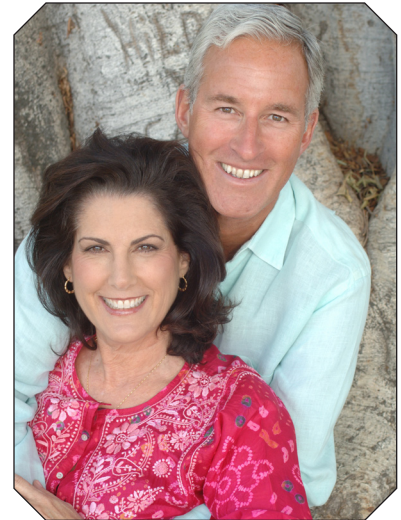
- a. I believe in divine timing and I am savoring the waiting.
- b. I haven't been 100% ready.
- c. All the good ones are taken.
- d. I'm too old/fat/broke/damaged or some other reason.

**6. If my soulmate could observe my life today, he/she would see that:**

- a. I have a great life and I'm ready to share it.
- b. I'm almost ready but could use a breakthrough or two in a few areas of my life.
- c. I'd like to find love but there are still big obstacles in my life.
- d. I'm a basket case.

**7. The real reason I want a soulmate is:**

- a. To share my love and life with a partner in a deeply committed, loving relationship.
- b. To experience being loved, cherished, and adored.
- c. I don't want to be alone anymore.
- d. I want someone to fix me and take care of me.



**8. Is there room in your home for your soulmate?**

- a. Yes. There's room in my closets and in my heart.
- b. Depends...how much room do they need?
- c. If they show up, I'll make room.
- d. No.

**9. Do you truly believe your soulmate is out there, somewhere?**

- a. Yes, absolutely.
- b. Most of the time I believe it.
- c. Possibly, but I'm not convinced.
- d. No.

**Please add up how many of your answers are:**

A's \_\_\_\_\_  
B's \_\_\_\_\_  
C's \_\_\_\_\_  
D's \_\_\_\_\_

**If the majority of your answers are A's:**

Congratulations. You have the right attitude and love is just around the corner for you. I'll bet you already know that AND even if it doesn't happen all that quickly, you will continue to live your life with love, passion, and appreciation.

**If the majority of your answers are B's:**

You have a strong idea of the kind of relationship you don't want but you haven't gotten 100% clear on the type of man/woman you want to spend your life with. Identify a soulmate couple you can use as a role model while practicing living "as if" the love of your life is already with you.

**If the majority of your answers are C's:**

The optimist in you is overshadowed by your fear that you might not get your heart's desire if you declare your intention to find your soulmate. You often forget how loveable you really are. Take some time to focus on healing your heart of past hurts while learning to fall in love with yourself before jumping into the manifestation techniques in *The Soulmate Secret*.

**If the majority of your answers are D's:**

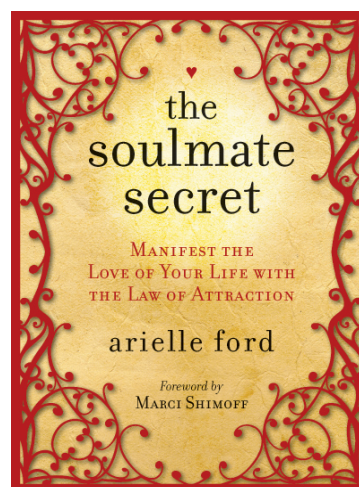
Here's the good news: You are not in denial that you have a negative frame of mind when it comes to finding big love. The not-so-good news is that you

have some work to do to change your beliefs about yourself and your possibilities for romantic happiness. I would suggest you find someone to help you work through your hurts of the past while building your self-esteem and creating new beliefs about the future. If you believe that there is enough air to breathe and water to drink, start believing that there is more than enough love for you in this lifetime.

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Arielle is the extremely well-connected sister of bestselling author Debbie Ford and has worked in book public-relations for many years. She is the Director of Publicity for Spiritual Cinema Circle and Earth Cinema Circle (bought by Gaiam). Prior to January 2004, Arielle ran her own PR firm, The Ford Group, which she founded in 1987.

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